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First CONSULT Evidence based answers for the point of care

Medical Topics

Differential Diagnoses

Procedures

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Select a letter above to view all medical topics starting with that letter.

About First Consult

First Consult is an authoritative evidence-based and continuously updated clinical information resource for healthcare professionals. At the point of care, it provides instant, user-friendly access to the latest information on evaluation, diagnosis, clinical management, and prevention.

- Medical Topics are First Consult's comprehensive database of clinically-compiled, regularly updated information on patient evaluation, treatment, tests, prevention, and much more

- **鉴别诊断 (Differential Diagnoses)**

按照A—Z字母顺序排列的体征和症状列表，以及超过1800种诊断，并可按照年龄和流行性进行比较、阅览

- **临床主题 (Medical Topics)**

提供持续更新的患者评估、诊断、治疗、测试和预防等方面权威的循证医学信息，主题涵盖23个学科领域

- **操作程序 (Procedures)**

通过视频剪辑、动画演示和关键步骤说明，提供系统、清晰、权威的操作系统、并可获得专家推荐的临床要点，每项操作都遵循循证医学指导

一、临床主题



检索小技巧

- 在检索框中输入主诉关键词
- 点击A-Z按钮，直接跳至相关主诉症状

The screenshot shows the MD CONSULT website interface. At the top, there is a navigation bar with links for Home, First CONSULT, Books, Journals, The Clinics, Patient Education, Drugs, Guidelines, Images, News, and CME. Below this is a search bar with a dropdown menu set to 'First Consult' and a 'Search' button. The main content area features a 'First CONSULT' header with the tagline 'Evidence based answers for the point of care'. Below the header, there are tabs for 'Clinical Topics', 'Differential Diagnoses', and 'Procedures'. The 'Clinical Topics' tab is active, displaying an alphabetical index from A to Z. A red box highlights the 'A-Z' buttons, labeled '字母导航栏'. Another red box highlights the 'Clinical Topics' tab, labeled '临床主题'. A third red box highlights the 'Back pain' entry in the index, labeled '举例：背痛'. The index lists various medical conditions such as Babesiosis, Bacillary angiomatosis, Back pain, Bacterial endocarditis, Bacterial meningitis in adults, Bacterial meningitis in children, Bacterial vaginosis, Baker's cyst, Balanitis and balanoposthitis, Baldness, Barotitis media, Barrett's esophagus, Bartholin cyst, Bartonella infections, Basal cell carcinoma, Basal cell papilloma, Bed sore, Bed-wetting, Behçet's syndrome, Bell's palsy, and Benign cervical lesions. On the right side of the page, there is a 'First Consult Handheld' section with a download link for PDA or PocketPC.

临床主题举例----背痛



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目录说明

- 每项疾病主题包含7个主选项:概要、背景、诊断、治疗、结果、预防和相关资源
- 每项主选项又包含6-12个子选项,提供深入浏览
- 内容每周更新

Close

- **Summary**
 - Description
 - Synonyms
 - Immediate action
 - Urgent action
 - Key points
- **Background**
 - Cardinal features
 - Causes
 - Common causes
 - Rare causes
 - Serious causes
 - Contributory or predisposing factors
 - Epidemiology
 - Incidence and prevalence
 - Demographics
 - Codes
 - ICD-9 code
- **Diagnosis**
 - Clinical presentation
 - Symptoms
 - Signs
 - Associated disorders
 - Differential diagnosis
 - Low back strain (and other mechanical causes)
 - Osteoarthritis
 - Osteoporosis
 - Lumbar disc disease
 - Spinal stenosis

目录

Back pain

Last updated: 23 Aug 2007 [Contributors](#)

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Evidence based answers for the point of care

Summary

Description

- Back pain is usually due to benign, mechanical causes
- A small number of cases are due to rare, but serious conditions
- Symptoms will settle within a week in about half the patients, and within a month in more than 90% of patients
- Most common cause of disability in individuals aged under 40 years
- Investigations are only indicated if there is clinical suspicion of underlying serious pathology, or if the symptoms persist in spite of adequate treatment for a reasonable period of time

Synonyms

- Low back pain
- Backache
- Lumbago
- Lumbalgia

Immediate action

Spinal cord compression, cauda equina compression (uncommon), and significant neurologic deficit are surgical emergencies and should be referred immediately.

Urgent action

If there is a high clinical suspicion for malignancy or infection of the spine, further investigations should not be delayed.

Key points

阅读栏

Done

Internet

与世界医学联网, 同步国际医学信息

二、鉴别诊断



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鉴别诊断

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

- Abdominal bloating
- Abdominal mass
- Abdominal pain, chronic
- Abdominal pain, chronic/recurrent
- Abdominal pain, generalized/periumbilical
- Abdominal pain, left lower quadrant
- Abdominal pain, left upper quadrant
- Abdominal pain, recurrent
- Abdominal pain, right lower quadrant
- Abdominal pain, right upper quadrant/epigastrium
- Abdominal rigidity
- Abnormal decreased tearing
- Abnormal increased tearing
- Abnormal involuntary movements
- Abnormal placental scan
- Abnormal prostate
- Abnormal stool color
- Abnormal tongue
- Abnormal vaginal bleeding
- Acute ataxia
- Acute chest pain

举例：腹胀

First Consult Handheld

First Consult for your PDA (Palm or PocketPC) is available for download.

- Download First Consult on Pocket Consult

Internet



二、鉴别诊断 - 举例：腹胀

Last updated: 14 Feb 2007

Select one or more conditions below in an age group and click "Compare" to compare clinical features. Conditions with asterisks(*) should be ruled out urgently.

First CON: Evidence based answers for the point

Baby 0-1 years	Child 1-12 years	Adolescent 12-18 years	Adult 18-45 years	Middle age 45-65 years	Senior adult 65+ years
<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>	<input type="button" value="Compare"/>
Select: All or None	Select: All or None	Select: All or None	Select: All or None	Select: All or None	Select: All or None
<input type="checkbox"/> Aerophagy <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Gastric dilation <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Imperforate anus* <input type="checkbox"/> Giardiasis <input type="checkbox"/> Malabsorption <input type="button" value="Compare"/>	<input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastric dilation <input type="checkbox"/> Irritable bowel syndrome <input type="checkbox"/> Aerophagy <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Giardiasis <input type="checkbox"/> Malabsorption <input type="checkbox"/> Lactose intolerance <input type="button" value="Compare"/>	<input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Giardiasis <input type="checkbox"/> Celiac disease <input type="checkbox"/> Gastric dilation <input type="checkbox"/> Malabsorption <input type="checkbox"/> Aerophagy <input type="button" value="Compare"/>	<input type="checkbox"/> Irritable bowel syndrome <input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Dyspepsia (non-ulcer) <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Malabsorption <input type="checkbox"/> Giardiasis <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Celiac disease <input type="checkbox"/> Carcinoid syndrome <input type="button" value="Compare"/>	<input type="checkbox"/> Dyspepsia (non-ulcer) <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Irritable bowel syndrome <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Malabsorption <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Celiac disease <input type="checkbox"/> Giardiasis <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Carcinoid syndrome <input type="button" value="Compare"/>	<input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Dyspepsia (non-ulcer) <input type="checkbox"/> Lactose intolerance <input type="checkbox"/> Nonabsorbable carbohydrate <input type="checkbox"/> Gastroenteritis <input type="checkbox"/> Intestinal obstruction* <input type="checkbox"/> Malabsorption <input type="checkbox"/> Fatty food intolerance <input type="checkbox"/> Celiac disease <input type="checkbox"/> Giardiasis <input type="checkbox"/> Carcinoid syndrome <input type="button" value="Compare"/>

各个年龄段中引起腹胀的各种疾病列表

1. 确定病人所属年龄段（例：确定病人的年龄段为18-45岁）
2. 选择要进行对比的疾病名称（例：选择“Irritable bowel syndrome”肠易激综合症 和“Dyspepsia (non-ulcer)”消化不良）
3. 点击**Compare**进行对比



红色文字表示急重症

与世界医学联网，同步国际医学信息

一、鉴别诊断 - 举例：腹胀



Browse Index ↶ Return to main table ↶

Abdominal bloating

Last updated: 14 February 2007

To evaluate clinical features select characteristics.

- Onset
- Male:female ratio
- Ethnicity
- Character
- Location
- Pattern
- Precipitating factors
- Relieving factors
- Clinical course
- Co-morbidities
- Procedure results
- Test findings
- Show all characteristics
- Show images

Irritable bowel syndrome 肠易激综合症

- **Onset:** Insidious
- **Character:** Abdominal pain, often in the lower abdomen, associated with change in stool frequency or consistency; pain is often worse after meals, relieved with defecation; patients may report abdominal distension and bloating, mucus in stools, and worsening of symptoms with stress; alternating constipation and diarrhea is common; patients do not have fever, weight loss, or bloody diarrhea
- **Pattern:** Pain often worsens with meals; patients do not wake up at night with symptoms

View full Medical Topic on [Irritable bowel syndrome](#).

Dyspepsia (non-ulcer) 消化不良

链接MD Consult

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- **Onset:** Usually insidious
- **Character:** Constellation of symptoms that are different for each patient. Abdominal or epigastric discomfort, bloating, early satiety, distention, nausea/vomiting
- **Pattern:** Nonspecific

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三、操作程序



First **CONSULT** Evidence based answers for the point of care

Medical Topics

Differential Diagnoses

操作程序

A B C D E F G H I J K **字母导航栏** P Q R S T U V W X Y Z

- Abdominal paracentesis **举例:腹部穿刺术**
- Abscess incision and drainage
- Acute wound care
- Airway management
- Amniocentesis
- Anal abscess incision and drainage
- Anesthesia, local
- Ankle and foot splinting, casting and taping
- Anoscopy
- Arterial line and puncture
- Arthrocentesis, knee
- Arthrocentesis, shoulder joint
- Aspiration, knee
- Audiometry, impedance

三、操作程序 – 例：腹部穿刺术

概要

指示:

- 操作程序指示
- 操作程序优势

禁忌:

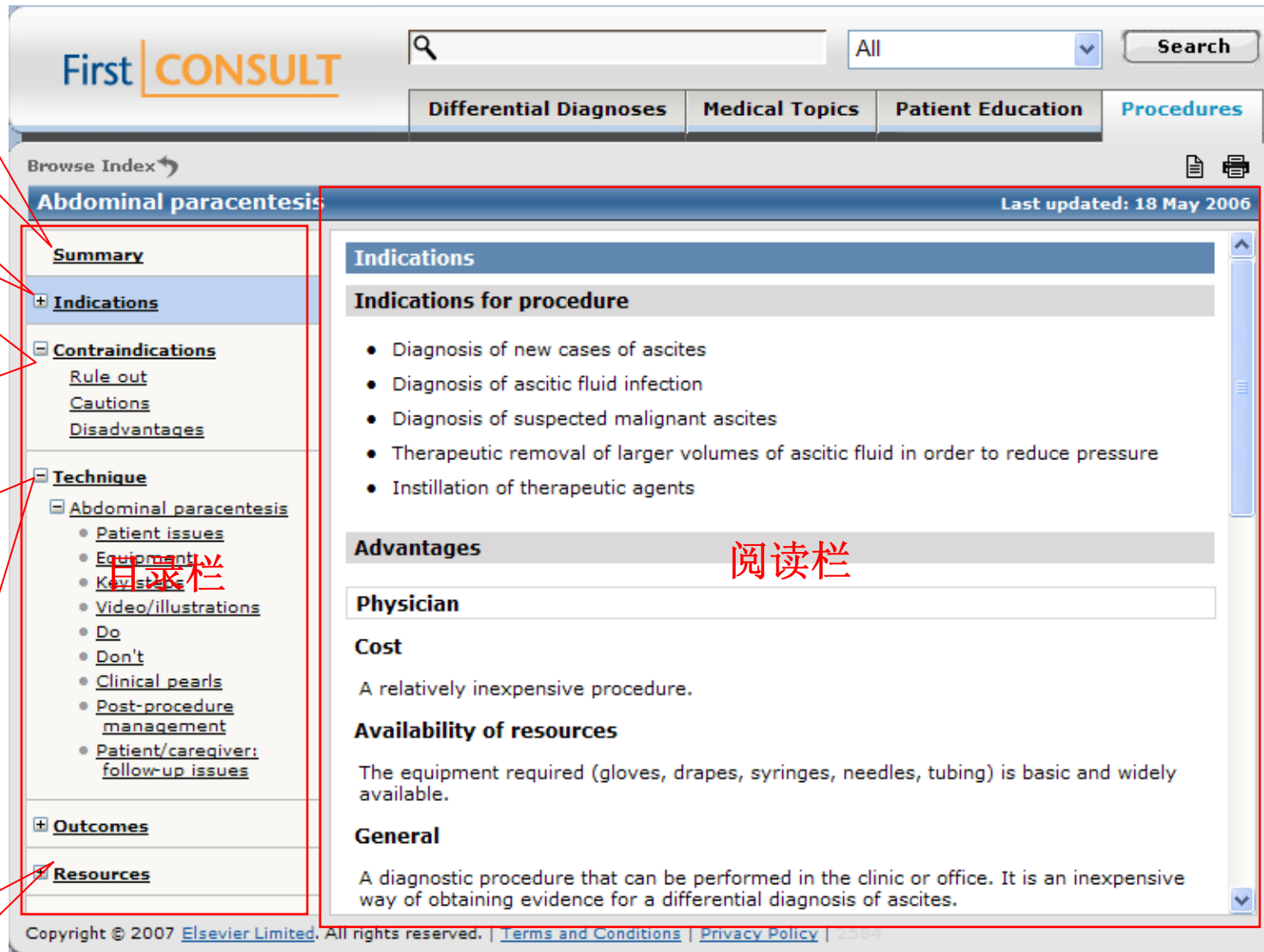
- 取消
- 注意事项
- 不利

操作（腹部穿刺术）

- 患者问题
- 设备、工具
- 关键步骤
- 视频/图解
- 要做的
- 不能做的
- 临床集锦
- 操作后处理
- 病人关爱-跟进

结果

更多相关资源



First CONSULT All

Differential Diagnoses Medical Topics Patient Education **Procedures**

Browse Index Last updated: 18 May 2006

Abdominal paracentesis

Summary

+ Indications

- Contraindications

[Rule out](#)

[Cautions](#)

[Disadvantages](#)

- Technique

- Abdominal paracentesis

- [Patient issues](#)
- [Equipment](#)
- [Key steps](#)
- [Video/illustrations](#)
- [Do](#)
- [Don't](#)
- [Clinical pearls](#)
- [Post-procedure management](#)
- [Patient/caregiver: follow-up issues](#)

+ Outcomes

- Resources

Indications

Indications for procedure

- Diagnosis of new cases of ascites
- Diagnosis of ascitic fluid infection
- Diagnosis of suspected malignant ascites
- Therapeutic removal of larger volumes of ascitic fluid in order to reduce pressure
- Instillation of therapeutic agents

Advantages

Physician

Cost

A relatively inexpensive procedure.

Availability of resources

The equipment required (gloves, drapes, syringes, needles, tubing) is basic and widely available.

General

A diagnostic procedure that can be performed in the clinic or office. It is an inexpensive way of obtaining evidence for a differential diagnosis of ascites.

目录栏

阅读栏

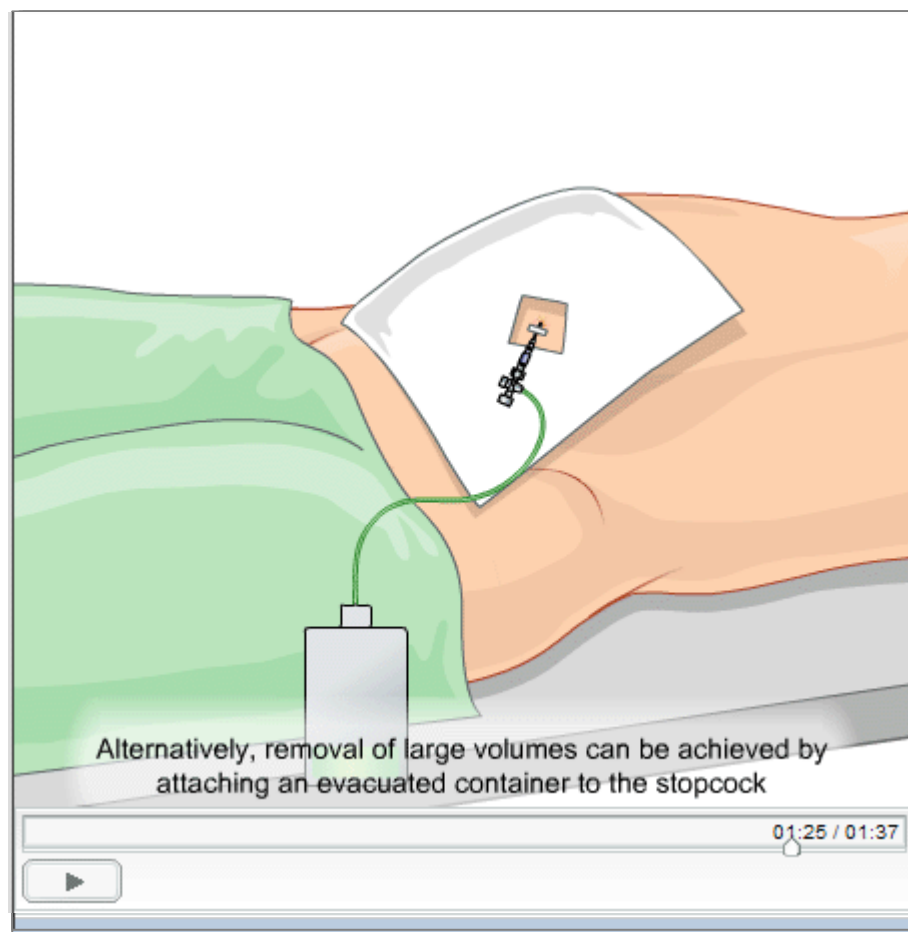
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四、操作程序－例：腹部穿刺术

腹部穿刺术视频

(Flash视频经过截屏处理)

- 1. Position patient
- 2. Select puncture site
- 3. Clean and prepare to anesthetize
- 4. Anesthetize
- 5. Insert needle
- 6. Test for fluid aspiration
- 7. Draining fluid
- 8. Finish procedure



五、检索功能



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Search First Consult for abdominal **输入关键词** Search

Medical Topics Differential Diagnoses Procedures **选择检索范围**

Print

Results for "abdominal"

> Expand Search to Entire Site for **abdominal**

Results 1 - 20 of 617 << Previous | N

First Consult provides evidence-based answers for the point of care.

- 1 Abdominal rigidity - Differential Diagnosis
- 2 Abdominal pain, chronic/recurrent - Differential Diagnosis
- 3 Abdominal bloating - Differential Diagnosis
- 4 Abdominal pain, generalized/periumbilical - Differential Diagnosis
- 5 Abdominal pain, left lower quadrant - Differential Diagnosis
- 6 Abdominal pain, right upper quadrant/epigastrium - Differential Diagnosis

检索结果按照相关性智能呈现



- 检索词汇可以包含连词 “AND, OR, NOT” (如 murmur and pain)

与世界医学联网，同步国际医学信息

为医生及医学生提供或者评估、诊断、管理和预后等方面权威的持续更新的循证医学指导,帮助医生及医学生提高诊断及外科技术

谢谢